# Girl Scout Day Camp in Juneau

2017

Handbook for Campers and Parents/Guardians

# **ABOUT CAMP**

**CAMP SITE: University Alaska Southeast** 

#### **CAMP THEMES:**

**Discover: Girl Scout Camp:** Come discover what Girl Scout Camp is all about! The Girl Scout Camp program dives girls a classic and timeless summer camp experience. Campers try everything camp has to offer including arts and crafts, building a campfire, nature hikes, environmental education and more. Some activities will be new, encouraging campers to stretch, and some familiar, reinforcing girls' confidence in their skills.

**Discover: Nature:** Girls will explore the ecosystems of camp, hike, do environmental education activities and spend time getting to know their Alaska backyard environment.

**Discover: STEM:** Girls will explore each STEM (Science, Technology, Engineering, Math) topic in the camp environment. Girls will also learn about women who were STEM pioneers and imagine their own STEM future.

**STAFF:** Camp staff are enthusiastic, talented and caring adult volunteers. A minimum of two adults work with each group of girls.

**VOLUNTEERING AT CAMP:** If you would like to volunteer at day camp (for an hour, a day or the entire week) please contact Taralee, the Membership Service Specialist for Juneau. She can be reached toll free at 907-586-1710 or by email at tellis@girlscoutsalska.org.

**QUESTIONS ABOUT CAMP?:** Amanda, the Statewide Camp Director, encourages parents/guardians to call her anytime they have a concern or question. She can be reached at 907-273-0316, toll free at 800-478-7448 ext. 316 or by email at ablock@girlscoutsalaska.org.

**QUESTIONS DURING CAMP?:** Taralee, the Camp Director, also encourages parents/ guardians to call her anytime they have a concern or question. She can be reached at 907-586-1710, or by email at tellis@girlscoutsalaska.org.

PROHIBITED ITEMS: Camp is smoke free, alcohol and drug free, and weapon free. Please confine pets to your car when you are in camp.

# **OUR PHILOSOPHY AND GOALS**

**THE CAMP MISSION:** Girl Scouting builds girls of courage, confidence and character who make the world a better place. In this spirit, we strive to create a community that helps campers unlock their potential and discover the world, while developing life skills that become habits of the heart.

THE CAMP PROGRAM PHILOSOPHY: Everything that happens at camp is program! Campers experience a community that fosters positive relationships, healthy risk taking and acceptance. At camp we provide a variety of experiences, some new, encouraging girls to stretch; and some old, reinforcing girls' confidence in their skills. Our program is the foundation upon which courage, cooperation, self respect, and a sense of contribution, inclusion, and responsibility are constructed.

#### **CAMP GOALS AND OBJECTIVES:**

Camp will provide an opportunity for each camper to:

**Goal 1**: Grow in her personal skills and self reliance.

Objective 1: Campers will identify at least one thing they are proud they accomplished

Objective 2: Campers will report they are willing to try new activities

*Outcomes:* Girls will be more able to care for themselves, have a greater awareness of their strengths and weaknesses, be more willing to take appropriate risks, use leadership skills and feel more capable of making a difference.

**Goal 2**: Learn about her environment.

Objective 1: Campers participate in at least one environmental ed. program block

Objective 2: Campers will spend 90% of their time outdoors.

Outcomes: Girls will feel more comfortable outdoors, become more aware of their surroundings and learn ways to respect and care for the environment.

**Goal 3**: Learn relationship and community living skills.

Objective 1: Campers will have daily girls' circles to discuss how the group is working.

Objective 2: Campers will learn and demonstrate how to express feelings verbally.

Objective 3: Campers will be able to name communication strategies that help them in their relationships.

Outcomes: Girls will learn to work as a team, have a sense of belonging with others and learn how to make new fiends.

# **CAMP FINANCIAL POLICIES**

**CANCELLATIONS AND REFUNDS:** If your camper will be unable to attend as planned, notify us immediately so we can contact someone from the waiting list.

Refund of fees (excluding the deposit) is given if:

- 1. cancellation is made 4 weeks before the session begins
- 2. the camper has moved out of the council area
- 3. the camper has personal illness/ injury confirmed by a physician or
- 4. family emergency

Change Fees: A \$25 change fee will be assessed every time a girl's camp session, camp dates or program change. Change fees are due at the time of change.

Early Departure: If for any reason your child leaves early, parents/guardians are responsible for making all travel arrangements.

**CONFIRMATION** Fees must be paid in full or arrangements made for a payment plan, in order for your camper to attend. The balance due reflects any financial aid you may have received.

**COOKIE CREDITS:** If your camper sold cookies during the 2017 cookie sale her cookie credits will be applied to the balance due in late April/early May when cookie credits are verified by the council. Cookie credits may be claimed one time only. Credits do not have cash value. Credits from the 2017 cookie program must be used by August 2017. Cookie credits are only good at Girl Scouts of Alaska camps. Families with product sale delinquencies are unable to use cookie credits or apply for camp scholarships until their debt has been paid.

**FINAL INVOICES:** A final invoice reflecting cookie credits and any other applicable discounts will be emailed and mailed to you in late April/early May. Payment in full is due upon receipt of final invoice.

**QUESTIONS ABOUT PAYMENTS:** If you have questions contact our camp registrar at 907-248-2250 or toll free at 800-478-7448.

# **BEHAVIOR AT CAMP**

**CAMPER CONDUCT:** As a group campers will set guidelines for living together on their first day. In addition, the following rules apply: It is the council's policy to prohibit smoking by campers. No one is permitted to use or be in possession of alcohol, illegal drugs, or weapons at camp. Violent or aggressive behavior or actions creating an unsafe environment are not tolerated. To ensure the safety and well being of everyone, Parent/Guardians, and campers should note that anyone found in possession of the above-mentioned items or exhibiting dangerous physical or emotional behavior will be sent home at their expense.

# **HEALTH AND SAFETY/FORMS**

**INSURANCE:** The Girl Scout insurance is not intended to replace the benefits that may be available under a family medical plan. It is the plan's purpose to provide secondary insurance coverage.

MEDICATIONS: No medications (prescription or over the counter) will be given at camp. If your camper requires medication a parent must come to camp to administer it.

**EMERGENCY CONTACT PERSON:** Occasionally we have to call the person you've indicated as an emergency contact... and they are **SURPRISED!** If you have forgotten to let them know, give them a call before your camper comes to camp.

FORMS: All forms must be brought to camp on opening day. Camp does not keep a copy of forms on file for the next year. Be sure to make your own copy,

**HEALTH INFORMATION:** Every camper is required to bring a <u>health history</u> (filled out by the parent/guardian).

**PARENT/GUARDIAN CONFIDENTIALITY FORM:** This form should be completed by each camper's parent/guardian. Only the camp director and the counselors assigned to your camper's session will view this information.

**PERMISSION FORM FOR DAY TRIPS (Week of July 14-18 Only):** Every camper is required to bring a completed permission form (signed by a parent/guardian) in order to go on walking trips/bus field trips.

# WHAT TO BRING TO CAMP

#### **EVERY DAY:**

- 1. Water bottle
- 2. Non-aerosol mosquito repellent
- Rain coat
- 4. Bag lunch (it shouldn't contain perishable foods) and beverage

#### **OPTIONAL EQUIPMENT:**

- 1. Sit-upon
- 2. An extra pair of socks that campers can change in to if feet get wet

#### LEAVE AT HOME:

- 1. I-pods, electronic equipment, cell phones
- 2. Toys and games
- 3. Candy

**LOST AND FOUND:** Articles will be viewed at the end of each day. Unclaimed items will be donated to charity. Camp is not responsible for items left at camp.

**PERSONAL PROPERTY:** Camp is not responsible for any personal belongings brought to camp.

## GETTING TO CAMP—DROPPING OFF YOUR CAMPER

### **BUS TRANSPORTATION:**

Transportation is available to girls requiring rides to and from camp. Arrangements must be made in advance. The bus chaperone or camp director will contact parents in regard to any delays. Prior to the bus leaving, chaperones will inform campers of the following rules:

- Remain seated while the bus is in motion.
- Keep hands, feet and head to yourself and inside the bus windows while the bus in in motion.
- Yelling and screaming is not permitted; the noise level should be such as to not distract the driver
- Do not stand or change places in moving vehicles
- Obey the driver's instructions at all times
- Campers need to check to see that they have all their belongings prior to getting off

## DROPPING OFF YOUR CAMPER AT THE BUS STOP:

- Buses leave at the following times:
  - 8:00 a.m. Harbor View Elementary School
  - 8:30 a.m. Mendenhall Mall
- Plan on being at the bus pick-up location 5-10 minutes prior to its scheduled departure time. Buses leave on time!
- ON MONDAY: Bus chaperones will check in each camper and collect medications and forms as they get on the bus.
- TUESDAY-FRIDAY: Bus chaperones will check campers in.
- If the buses are running late we will call a designated adult at each bus stop (who
  will then pass the world along to everyone to let you know).

## DROPPING YOUR DAUGHTER OFF AT CAMP:

- You may drop off your camper between 8:45-9:00 a.m.
- Park in the parking lot.
- Day One: A check in station will be located in the parking lot so that you can turn in forms and learn the names of your counselors. Parents will be able to meet staff and ask any questions you might have.
- Every Other Day: Drop her off with her counselor.

**CHANGING HOW YOUR CAMPER GETS TO CAMP:** If your camper is going to change how she gets to camp (i.e. riding the bus to you driving her, etc.) let camp know so that we can remind campers and make sure they get the right transportation.

**NO SHOWS/ABSENTEE CAMPERS:** Parents are asked to notify the camp if a child is ill or will not be attending as expected.

# WHEN YOUR CAMPER IS AT CAMP

**BADGE WORK:** Camp <u>does not</u> keep track of requirements. If you are interested in requirements she accomplished at camp, go through the books with her. **Each camper will receive a Camp Patch.** 

**CLOTHING:** Camp is in session RAIN or SHINE. There are a few shelters at camp but campers will be outdoors the majority of the day. Sturdy shoes, boots or tennis shoes WITH laces (no sandals), jacket/sweatshirt, socks and a raincoat are needed. Old play clothes are ideal, we get dirty at day camp!

**VISITING:** it is requested that parents do not visit while camp is in session.

**VOLUNTEERING AT CAMP:** If you would like to volunteer at day camp (for an hour, a day or the entire week) please contact Amanda, the Statewide Camp Director She can be reached at 907-273-0316 or by email at ablock@girlscoutsalska.org.

# **PICKING UP YOUR CAMPER**

## PICKING YOUR CHILD UP EARLY:

If your daughter has an appointment that cannot be scheduled outside of camp hours, pleas notify the camp director prior to her pick up so that she will be ready to go.

### PICKING UP YOUR CAMPER AT THE BUS STOP:

- Plan to arrive at:
  - 4:15 p.m. at Mendenhall Mall
  - 4:45 p.m. at Harbor View Elementary
- A chaperone will be with your camper. Sign our your camper with the chaperone.
- If the buses are running late we will call a designated adult at each bus stop (who will then pass the world along to everyone) to let you know.

#### PICKING UP YOUR CAMPER AT CAMP:

- Plan to arrive at 4:00-4:15p.m.
- Sign out your camper with her counselor.

#### **RELEASE OF CAMPERS:**

We can only release campers to parents/guardians and those listed on the registration form. All adults will need to have photo identification ready to be checked to verify authorization to pick up campers. Campers will not be released to any adult not listed on their registration form unless camp is notified in writing.

#### **EARLY/LATE FEES:**

Parents/guardians who arrive before or after the scheduled time to drop off/pick up their child at camp will be charged the following early/late fees:

First five minutes	\$5.00
Six—ten minutes	\$10.00
Eleven—fifteen minutes	\$15.00
Before/After fifteen minutes	\$20.00

Early/late fees must be paid at the time they are incurred.

#### PARENT EVALUATION:

Our parent evaluation is now online. Go to www.girlscoutsalaska.org/camps to let us know your thoughts. We appreciate your suggestions and comments!